

Date: \_\_\_\_\_



Name: \_\_\_\_\_



Goal: \_\_\_\_\_



Strengths: \_\_\_\_\_



Top 2 Constraints:

- ◆
- ◆



TrAction Steps:

- ◆
- ◆
- ◆
- ◆
- ◆
- ◆
- ◆
- ◆
- ◆
- ◆

◆ Get more quick feedback by asking questions such as “What could I have done/said better?” or “Any tips for me on...” Homework: Get 4 quick feedbacks in the next 4 weeks.

## Homework/Accountability:



Post a couple of copies of this.



Pass out / Email a few copies—  
Create some conversations.



Put a daily reminder on my calendar for  
30 days to read this document.